



Quanta vera

100% vitamins and minerals

For over 5000 years man use Aloe Vera to heal. Rich in bioavailable vitamins and minerals, it brings to athletes the necessary micro nutritional compensations to pursue effort during workouts or competition no matter what level or discipline. The naturally occurring molecules found in plants can be described as "living". Several studies show that they have different biological properties of synthetic molecules. Synthetic vitamins and minerals are not properly accepted by the body, which operating mode has been developed since millions of years. These artificial molecules are often undesirable foreign substances to the body, which try to eliminate them quickly. This rejection phenomenon does not occur with natural nutrients.

Oral use

Physical activity subjected the body the loss of many vitamins and minerals. A balanced diet should provide the essential micronutrients for body's optimum functioning. Unfortunately, nowadays, the way food is processed significantly degrades nutrient intakes.

Local use

In local application, Aloe Vera helps to support many skin conditions such as burns, dermatitis and eczema but also in case of sprains, inflammation or joint injury.

Aloe Vera

In addition to the vitamins and minerals it contains, Aloe Vera is rich in amino acids. 7 essential amino acids* on a total of 8 are present and involved in the renewal of tissues such as muscle fibers.

* Essential amino acids are not produced by the body and must be taken thru food or supplements.

Vitamins

Vitamin A contributes to proper maintenance of the skeletal system. B vitamins (B1, B2, B3, B6, B9, and B12) are involved in energy metabolism. Vitamins C and E are powerful antioxidants.

Minerals

Minerals occur almost anywhere in the body: every single organ needs calcium, magnesium, sodium or phosphorus.

Enzymes

Enzymes play a role in all body functions. They facilitate the biochemical reactions involved in the transformation of molecules. They are involved in many metabolic processes such as protein synthesis, digestion, blood purification and some are involved in energy production. They're essential to proper metabolism functions. For athletes, the Quanta vera has very interesting nutritional value but is also useful for periarticular tissues protection and fortification.

AVANTAGES

Oral use

- Vitamins
- Minerals
- Enzymes
- Amino Acids
- Antioxidants

Local use

- Sprain
- Osteoarthritis
- Articular reinforcement
- Strain
- Tendonitis

SUGGESTED USE

Oral use: take 1 cap 2 or 3 times daily before meals with a glass of water.

Local use: apply 1 compress on the area to be treated, twice to three times a day.